

AY 2027
Entrance Examination Guideline for the
Application Guide for the Doctoral Program of
Health Sciences and Nursing

2027 年度博士後期課程学生募集要項
入学試験案内
(健康科学・看護学専攻)

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東京大学大学院医学系研究科
Graduate School of Medicine
The University of Tokyo

Academic Year 2027

Entrance Examination Guideline for the Doctoral Program of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo

This leaflet supplements the information given in the 2027 Application Guide: Master's Program, Graduate School of Medicine, The University of Tokyo. Therefore, applicants should refer to both documents. This leaflet provides information specifically pertaining to the School of Health Sciences and Nursing.

1. Entrance Examination Outline

(1) In the Primary Exam a Comprehensive judgement is determined based on the following 1-4.

1. Research Plan *Submitted in advance
2. Master's Thesis *Submitted in advance
3. Essay *Submitted in advance
4. Foreign Language Examination *TOEFL Institutional Score Report

* While applicants who have obtained or expected to complete a master's or professional degree at the Graduate School of Medicine, The University of Tokyo between 1 April 2024 and 31 March 2027 are exempted from the primary exam.

(2) Those who passed the primary Exam are to be take an oral examination on Mon, 25 January as a Secondary Exam. A connection test is scheduled for Fri, 22 January, prior to the exam.

2. Application procedure

(1) Applications submitted after the application period will not be accepted under any circumstances. Therefore, please request any necessary school certificates etc. as soon as possible. If the certificate/s are not issued in time, you must contact the Graduate Student Affairs Section in advance (email: in.m@gs.mail.u-tokyo.ac.jp).

(2) Details of the entrance exam schedule will be provided in the 'Examinee Notes' after application.

(3) How to submit “Research Plan”, “Master’s thesis”, “Essay” and “Declaration of authenticity.”

- Download the provided format of Essay and Declaration from the following website.
 (<https://www.m.u-tokyo.ac.jp/english/daigakuin/apply/appguidemain.html>)
- Since plagiarism checks will be conducted, please be sure to describe the source of any references you cite, as well as the source of your own published papers.

Name of Document	Who needs to submit	Outline	Title and format of data
① Research Plan	All applicants	<ul style="list-style-type: none"> • Summarize your intended research plan in two A4 one side pages, and write 'Research Plan' along with your name and page number at the top left of each page. • Citation list is not counted. 	<p>File Title : SHSN_Research_Plan_(your full name)</p> <p>File Format : Ms Word or other Text-based format</p>
② Master’s Thesis	Excluding those who are expected to complete Master of Health Sciences and Nursing, Graduate School of Medicine in March 2027	<ul style="list-style-type: none"> • Submit a summary of your master's thesis or suitable alternative outlining your research in eight or less A4-sized one side pages as per the attached 'Master's Thesis Guidelines and Oral Exam Details for Applicants to the Doctoral Program'. You may also attach surveys or other supplementary documents. • Attach a Japanese or English translation for documents in other languages. 	<p>File Title : SHSN_Masterthesis_(your full name)</p> <p>File Format : PDF</p>
③ Essay	Excluding those who are expected to complete Master or Professional degree course, Graduate School of Medicine in March 2027	<ul style="list-style-type: none"> • Use the provided format. • Maximum length 700 words in English or 1,600 letters in Japanese. Up to one A4 pages. • Theme: Please briefly describe the issues and future vision of the research field you are applying for, based on your previous research and your own experience. In addition, please describe how you would like to contribute to this field of study and your own vision of the future. • Citation list is not counted. 	<p>File Title : SHSN_Essay_(your full name)</p> <p>File Format : Ms Word or other Text-based format</p>
④ Declaration of authenticity	Excluding those who are expected to complete Master or Professional degree course, Graduate School of Medicine in March 2027	<ul style="list-style-type: none"> • Please sign and submit the provided format. 	/

(4) Foreign language (English) written examination is not administered by the University of Tokyo to applicants for the Doctoral Program in Health Sciences and Nursing, Graduate School of Medicine, the University of Tokyo. In lieu of those examinations, applicants are required to submit an official report of their TOEFL or IELTS scores as below. Unless all following 1 to 3 procedures are completed, we cannot accept the scores.

1. Type of test

TOEFL-iBT, TOEFL iBT Home Edition, IELTS (Academic Module)
(We cannot accept "IELTS (General Training Module)")

2. Period of Validity

Earned after 1 January 2025

3. Method of score submission

[TOEFL score]

① Send the TOEFL Official Score Report.

Between the time you register for the TOEFL and the day before the test, log in to your ETS personal account and arrange to send "Official Score Reports" to this graduate school. When doing so, please enter the code below. This also applies if you wish to use a previously taken TOEFL-iBT score (within its validity period).

DI (Designated Institution) Code: 8426 University OF Tokyo Faculty MED
Division: Graduate Organization
Department: 42 - Medicine

- If the submission process is completed correctly and there are no issues with the test itself, our graduate school can view the official scores online approximately 8 days after the test date. However, please take the test well in advance, as network or equipment problems during the test may require retaking, or the release of scores on the score report may be delayed.
- You may complete the score submission procedure before applying for graduate school admission. If you have previously arranged to send a valid score to our school using the code above, you do not need to resubmit it.
 - You may submit your score report multiple times. Only the score report corresponding to the Appointment Number and test date registered in step ② below will be accepted.
 - We cannot provide updates on the arrival status of score reports.

② Register the Appointment Number and test date in the "WEB Application System". Register the Appointment Number and test date for the score report you will submit in the "WEB Application System" by the designated score submission deadline.

③ Upload the Test Taker Score Report to the "WEB Application System".

Please upload the Test Taker Score Report (PDF) for the Appointment Number and test date registered in step ② to the "WEB Application System" by the designated score submission deadline. The Test Taker Score Report (PDF) can be downloaded from your ETS account approximately 8 days after the test date.

* Even if you have taken the TOEFL multiple times, you may upload only one set of scores.

Important Notes

In the following cases, TOEFL test scores will be deemed invalid, and the applicants will be treated as if they had not submitted the score.

- (1) If the Graduate School is unable to verify receipt of the “Official Score Report”.
- (2) If the “Test Taker Score Report” uploaded to the online application system does not match the “Official Score Report” sent by ETS.
- (3) If scores from a test taken before the specified deadline (see “2. Period of Validity” above) are submitted.
- (4) If scores are submitted by any other fraudulent means.

[IELTS score]

① Upload the Test Report Form to the “WEB Application System”.

Please upload the “Test Report Form” to the “WEB Application System” by the designated score submission deadline.

※ Even if you have taken the IELTS multiple times, you may upload only one set of scores.

※ For details regarding scores, please refer to the IELTS website below.

<http://www.eiken.or.jp/ielts/>

② Send the IELTS Test Report Form.

Request the IELTS Office to issue an additional copy of the “Test Report Form” from your test date, identical to the one submitted in step ①, and have it sent to the address below.

7-3-1 Hongo, Bunkyo-ku, Tokyo 113-0033 Graduate School Affairs Team, Graduate School of Medicine, The University of Tokyo
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*If the request was made prior to application, the Test Report Form sent by the IELTS office will be accepted even if it arrives after the application deadline. If multiple Test Report Forms are received by the Graduate School due to taking the IELTS multiple times, the same score as submitted in step ② above will be used.

Important Notes

- Scores obtained through “One Skill Retake” will not be accepted
 - In the following cases, IELTS test scores will be deemed invalid, and the applicants will be treated as if they had not submitted the score.
- (1) If the Graduate School Affairs has not received the “Test Report Form” from the IELTS Office.
 - (2) If the “Test Report Form” uploaded to the online application system does not match the “Test Report Form” sent by IELTS Office.
 - (3) If scores from a test taken before the specified deadline (see “2. Period of Validity” above) are submitted.
 - (4) If scores are submitted by any other fraudulent means.

4. Exemption from the foreign language written examination

Applicants who wish to be exempted from submitting scores should contact administrative staff (email: in.m@gs.mail.u-tokyo.ac.jp) and submit the required documents for review by November 9, 2026. The requirement to submit TOEFL or IELTS scores may be waived if:

(1) the applicant has earned or is anticipated to earn a bachelor's degree, or its international equivalent, from an institution in Australia, Canada, Ireland, New Zealand, the United Kingdom, or the United States where English is the primary language of instruction for the entire institution, not just the applicant's specific department or program,

OR,

(2) the applicant has earned or is anticipated to earn a bachelor's degree, or its international equivalent, from an institution not in the above countries, but where English is the primary language of instruction for the entire institution, not just the applicant's specific department or program. In this case, the applicant must provide a certificate issued by the institution, confirming the primary language of instruction.

※ The decision to exempt applicants from the Foreign Language (English) written examination is based on the primary language of instruction for their bachelor's program; the language of instruction for master's and doctoral programs is not considered.

Attention!

Please note that even if you are a native English speaker, no exemptions will be granted if you do not apply by the above deadline.

3. List of Supervisors As of 2026 June

- (1) Applicants will be instructed by a faculty member (a professor or an associate professor) of the major to which they applied.
- (2) Applicants must contact that faculty member before applying.
- (3) The faculty and research areas of each major field of study are shown below.
Faculty members due to retire at the end of this fiscal year may not be available to teach.

Health Sciences and Nursing

Major Field of Study	Faculty		Research Fields	Affiliation (Department)
Nursing Administration	Professor	Mari Ikeda (concurrent)	Nursing administration, Nursing Quality Assessment and Policy Evaluation	Preventive and Administrative Nursing
Advanced Clinical Nursing	Professor	Mari Ikeda (concurrent)	Function and roles of nursing, expertise in nursing skills	Preventive and Administrative Nursing
Gerontological Home Care and Long-term care Nursing (GHLN)	Professor	Noriko Yamamoto-Mitani	Gerontological nursing (homecare, long-term care), quality assurance of long-term care/homecare, dementia-friendly community, community care system development	Clinical Nursing
	Associate Professor	Maiko Noguchi		
Palliative Care Nursing	Professor	Noriko Yamamoto-Mitani (concurrent)	End-of-life care of older persons, practice-based nursing knowledge development	Clinical Nursing
	Associate Professor	Maiko Noguchi		
Community Health Nursing/Public Health Nursing	Associate Professor	Kyoko Yoshioka-Maeda	Community health nursing/Public health nursing, community healthcare system development, policy/program development, tacit knowledge of public health nurses	Preventive and Administrative Nursing
Public Health Nursing	Associate Professor	Kyoko Yoshioka-Maeda		
Family Nursing	Professor	Mari Ikeda	Family nursing /child nursing in general, development of family assessment and family nursing-style approach, mental health during family formation, family QOL, transitional support for patients with childhood-onset chronic diseases, prevention of abuse, and gender and nursing	Preventive and Administrative Nursing
Psychiatric Nursing	Associate Professor	Yuki Miyamoto	Psychiatric nursing, social rehabilitation, recovery, and co-production	Clinical Nursing
	Professor	Daisuke Nishi (concurrent)	Mental health epidemiology, perinatal mental health, traumatic stress, resilience	School of Public Health
Gerontological Nursing	Professor	Gojiro Nakagami	Gerontological nursing; and nursing skills specific to the older population (pressure ulcers, lower extremity ulcers, malnutrition, and deglutition disorder incontinence)	Clinical Nursing

Wound Care Management	Professor	Gojiro Nakagami (concurrent)	Wound healing, wound prevention/management nursing techniques, bioengineering nursing for wound care management, and holistic wound care	Clinical Nursing
Midwifery and Women's Health	Professor Associate Professor	Megumi Haruna Kaori Yonezawa	Life and health during pregnancy, the puerperium, and neonatal, improvement of care at delivery based on physiological rationale and neonatal care, health issues concerning women's life cycles, Maternity care system	Clinical Nursing
Nursing Data Science	Project Professor	Kenshi Hayashida	Data Science, Database Research, Real-world Data, Medical Informatics/Nursing Informatics, Healthcare Management/Health Economics, Evidence-based Policy Making/Evidence-Informed Policy Making, Evidence-based Healthcare	Social Cooperation Program
	Project Associate Professor	Ai Tomotaki		
Next Generation Wound Care Development	Project Associate Professor	Yuko Mugita	Development of innovative next-generation wound care to promote healing of hard-to-heal wounds; integrated studies of bioengineering nursing, materials science, molecular biology, bioinformatics, and clinical engineering.	Social Cooperation Program
Radiation Health Sciences			No applications accepted for this year	
Biomedical Ethics	Professor	Eisuke Nakazawa	Biomedical ethics, clinical ethics, clinical ethics consultation, and decision-making process	Health Sciences
Biostatistics	Professor	Yutaka Matsuyama	Biostatistics, Design and analysis of medical study, and Methodology of clinical trials	Health Sciences
Epidemiology and Preventive Health Science	Professor	Yutaka Matsuyama (concurrent)	Epidemiology, Design and analysis of epidemiologic study, and Theoretical epidemiology	Health Sciences
	Associate Professor	Tomohiro Shinozaki	Biostatistics, Epidemiologic theory, Causal inference, Design and analysis of observational studies	
Health and Social Behavior	Professor	Hideki Hashimoto	Research related to the social model of health and social determinants of health, including health economics, health sociology, community psychology, and exercise epidemiology in the community field.	Health Sciences
Health Education and Health Sociology	Associate Professor	Masamitsu Kamada	Physical activity epidemiology, behavior change interventions and policies, and social marketing	Health Sciences
Mental Health	Professor	Daisuke Nishi	Mental Health Epidemiology, Perinatal Mental Health, Traumatic stress, Resilience	Health Sciences

Public Mental Health Policy	Coordinate Associate Professor	Sousei Yamaguchi	Community mental health services research, Evaluation of social and employment services for people with disabilities, Complex intervention research	Health Science
Social and Preventive Epidemiology	Professor	Kentaro Murakami	Nutritional epidemiology, behavioral nutrition, public health nutrition	Health Sciences
Nutritional Epidemiology and Behavioural Nutrition	Project Professor	Hitomi Okubo	Life-course nutritional epidemiology, preconception nutrition, oral function and nutrition, and development of dietary assessment methods	Health Sciences
Health Informatics	Professor	Kayo Waki	Medical knowledge base, hospital information systems, and electronic medical records	Clinical Information Engineering (Social Medicine)
Health Communication	Professor	Takahiro Kiuchi	Health communication and media communication	School of Public Health
	Associate Professor	Tsuyoshi Okuhara		

4. Oral Examination

Applicants who pass the primary written exam are eligible to sit for the secondary oral exam. In the oral exam, applicants are required to make a presentation based on their eight to ten page thesis summary (see attachment) and respond to questions from the Examination Committee's Chief Examiner and Assistant Examiner, as well as from the floor. The presentation must include questions about the applicant's intended 'Research Plan' following admission to the doctoral program.

Preparing slides:

- Each presenter is allowed 15 minutes to present their master's thesis and 5 minutes to present their research plan.
- When making your presentation, you may use Power Point.
- Excessive Animation may not be used in presentations.

Points to note regarding the presentation:

- Only presentation manuscripts and master's theses may be kept on hand. All other materials are not allowed.

Applicants who are expected to complete Master of Health Sciences and Nursing, Master of International Health, Master of Medical Science and School of Public Health at the Graduate School of Medicine, the University of Tokyo in March 2027 are exempted from this presentation and there will be only questions and answers.

Alternatively, those who are expected to graduate from Master of International Health, Master of Medical Science and School of Public Health of the Graduate School of Medicine need to attend Master thesis presentation of Health Sciences and Nursing as well as their own departments' presentation. Details about Master thesis presentation of Health Sciences and Nursing will be provided after the application.

5. Master's Thesis

I . Criteria for Evaluating Master Thesis

Faculty members (all lecturers, associate professors and professors in the department, as well as the assistant professor who reviewed the thesis) evaluates the master's thesis on a scale of excellent, good, acceptable, or not acceptable.

Master theses are evaluated based on the following criteria, not necessarily in this order:

- novelty, originality, and insightfulness of the research topic,
- abilities in logical/scientific thinking,
- appropriateness of the research method(s)/approach,
- expansivity of the theme emerged from the conclusion and its implication,
- performance in oral presentation and following discussion,
- contribution, and
- formatting of the thesis.

II . Preparation of Master's Thesis

The master's thesis must be an original work. The submitted master's thesis shall be distributed to the teaching faculty responsible for administering the entrance examination. Therefore, the thesis should be prepared in a relevant and concise manner in order to facilitate its review and subsequent to a journal. These guidelines have been provided to assist applicants in meeting these requirements.

These guidelines are intended only to help authors write good papers that are clear and easy to read. It is hoped that the authors will use their own ingenuity to compensate for any areas not covered by these guidelines, and to strive to produce even better papers. The way in which the paper is organized is also included in the evaluation of the review.

1. The thesis shall be written in either Japanese or English. In view of the internationalization of research, it is preferred that the thesis is in English. However, if the language in which the thesis is written is not the applicant's native language, the thesis must be proofread by a native or proficient speaker of the said language.
2. In principle, the thesis will be submitted to a specialized journal in a field of study at a later date.
3. The format and main points for drafting the master's thesis are described below. Any significant deviation from these procedures may disqualify the thesis from review. Attachment of appendices and other data shall also be described below.
4. Thesis format and main drafting points:
 - 1) The thesis shall be prepared using a software for word processing.
 - 2) The entire thesis (including figures and tables) shall not exceed eight A4 pages, or ten pages at the most.
 - 3) Each page shall be divided into two columns, with an upper and lower margin of approximately 2.0 cm. Figures and tables shall be arranged in a suitable manner.
 - 4) When writing in Japanese, use Mincho font (10 point). When writing in English, use Century or Times New Roman font (10 point). However, Gothic font should be used for the title of the thesis that should be written in both of Japanese and English, student ID, enrollment year, affiliation and subtitles such as the Introduction, Method, Results, and Discussion etc.
If necessary due to the content, the font size may be reduced within a readable range.

5) The first line of each paragraph shall be indented by one character space for Japanese and two character spaces for English.

6) Structure

The thesis shall be structured according to points (1) to (11) below. Points (1) to (9) shall be arranged in this order without inserting a page break. (3) to (9) shall be titled as 'Introduction', 'Method', 'Results', 'Discussion', 'Conclusion', 'Acknowledgements', 'References' etc. or a corresponding title.

Titles shall be preceded by a single blank line, typed in Gothic font, and centered in the middle of the column using the centering function. The body of each section shall commence on the line after the title. If subordinate sections (herein 'subsections') are required such as for the 'Method' or 'Results' sections, the title of these subsections shall be left-aligned.

The structure of the thesis may be changed if necessary.

(1) Thesis title, author's name, research supervisor's name & affiliation

The thesis title, author's name shall appear in both Japanese and English. , The Japanese shall appear on top and the English below for theses written in Japanese, whereas the opposite shall apply for theses written in English.

Research supervisor's name and affiliation (i.e., research field/major/department/university) shall appear in both Japanese below author's name. and English, and The thesis title, author's name and research supervisor's name shall each be separated by double spacing and provided in centered Gothic font using the single-column format. Do not use double-sized characters or change the line spacing for the thesis title etc.. The Japanese shall appear on top and the English below for theses written in Japanese, whereas the opposite shall apply for theses written in English. All of these details should be provided in centered Gothic font using the single-column format.

Do not use double-sized characters or change the line spacing for the thesis title etc.

(2) Abstract & key words

a) The abstract shall adopt the single-column format and begin from two lines below the end of the thesis title etc. Do not lower the beginning of the sentence on the starting line and do not break the line in the middle of the sentence .

b) Theses written in Japanese shall contain a Japanese abstract up to 800 characters in length, while theses written in English shall contain an English abstract up to 250 words.

c) The abstract can also be divided according to Aims, Method, Results, and Conclusion etc. The abstract should summarize the entire thesis in a concise manner by describing what the aims were, what method was used and on which subjects, what results were obtained, and what the significance of these results is. It must not form part of the introduction or be similar to the conclusion. The abstract can also be divided according to Aims, Method, Results, and Conclusion etc.

d) The key words (up to five) shall be provided in English on the line after the abstract using the single-column format, and shall appear in alphabetical order after "Key words:".

(3) Introduction

The introduction shall outline previous research, identify current/future issues, and describe the need for relevant research as well as the research aim/s or hypothesis based thereupon.

(4) Method

a) The 'Method' section should be divided into relevant subsections such as 'Subjects' and 'Methodology' etc., and stated in a concise manner.

b) If the subjects (including controls) are humans, state their average ages and the standard deviation (SD) as well as the sex ratio and any other necessary demographic statistical information. However, when this data constitutes the research results, it should instead be described in the 'Results' section. If the subjects are communities/regions, organizations, or animals, provide appropriate information about them.

c) The 'Methodology' section should outline the research method/s used to enable the reproducibility of the research. As-yet unpublished measures, apparatuses, equipment, and drugs used in the research should also be outlined in this subsection.

(5) Results

The 'Results' section should describe the obtained results in a concise manner. While figures and tables can also be used in this section, the text itself should describe the main points of these figures and tables without reiterating their contents in detail. The contents of tables should also not be reiterated in figures.

(6) Discussion

This section should investigate the significance (and limits) of the obtained results in relation to current knowledge, and suggest a course for future research. The review of references to be undertaken in the 'Introduction' section is not required here. Rather, it is necessary to sufficiently investigate the significance of the obtained results with respect to current knowledge. Be sure to maintain consistency when dividing the discussion into subsections (i.e., when the discussion is lengthy). Even if the individual subsections have been well summarized, it is often the case that the entire section has not been summarized and the respective arguments are not consistent.

(7) Conclusion

Unlike the 'Abstract' section, the 'Conclusion' should be limited to a concise statement of the important elements of the obtained results, as well as the significance thereof.

(8) Acknowledgement/s

This section should begin by describing any research funding, even if it was partial (e.g. "Part of this research was supported by The Ministry of Education, Culture, Sports, Science and Technology (MEXT), Grant-in-Aid for General Research (B) (Subject No. 00000000)"). Next, it should mention any academic conferences where the research was presented, either in part or in its entirety (e.g. "Part of this research was presented at the '1st Meeting of Japanese Health Science and Nursing' (Tokyo, January 2004)"). Finally, it should acknowledge any persons who made a specific contribution to the research, or any research supervisor/s etc. who proofread the thesis. However, it should not include merely for the sake of formality the names of senior colleagues who have not actually contributed to the research.

(9) References

- a) This section should contain cited references only, and should not include a bibliography.
- b) The references should be listed using a consistent format in accordance with the conventional rules of the research field in which the thesis is subsumed or the instructions for authors by the journal to which a paper based on the thesis is to be submitted. References cited within the text should also be described accordingly (i.e., number followed by cited reference or author's name/s and year). If you are undecided about a journal to which you plan to submit, you may follow the Harvard style (such as the APA method) or the Vancouver style.

(10) Figures & tables

Figures and tables should be printed in color and arranged in a suitable manner, irrespective of the two-column format. They should be prepared in a way that clearly conveys to the reader the meaning of the data contained therein, without having to look elsewhere for clarification. As such, they should contain appropriate titles and, where necessary, footnotes. As a general rule, any lines or borders drawn around tables should be horizontal only. Avoid the use of vertical lines or borders around tables unless indicated in the instructions for authors by the journal. Figures and tables should be consecutively numbered (i.e., 'Fig. 1', 'Fig. 2', 'Fig. 3'/'Table 1', 'Table 2', 'Table 3', etc.) and cited accordingly in the text. Minimize the use of tables and figures, and do not include those which are not essential.

(11) Appendix

An 'Appendix' section can be attached after the 'References' where required. 'Appendix' should be written in Gothic font and centered, with the text beginning on the next line.

5. Any original evaluation scales, questionnaires, or survey papers used in the research may also be submitted separately to the thesis. They should include the thesis title and author's name, and be prepared as a supplement, attached figures, or attached tables according to the main drafting points mentioned above. Three copies of them should be submitted together with the thesis. These documents may be considered in the thesis review.

