

## 2026 Application Guide: Doctoral Program School of Health Sciences and Nursing Graduate School of Medicine, The University of Tokyo

This application guide may change. The University of Tokyo website (<https://www.m.u-tokyo.ac.jp/english/daigakuin/apply/appguidemain.html>) will continuously announce if there is any change, so please check the newest information constantly.

### Purpose of Education for Research

The purpose of research training in the Graduate School of Medicine is to promote advanced research that will contribute to breakthroughs in the understanding of the mechanisms of life, to improve health, to contribute to the struggle against disease, and to foster international leaders in all fields of medicine who are outstanding scholars and highly creative researchers.

### Admission Policy

1. Consistent with the aims described above, for its PhD programs in the Graduate School of Medicine, the University of Tokyo seeks students who have the potential to become international leaders in all fields of medicine through outstanding scholarship and advanced and highly creative research. We seek those who will, as described above, contribute to the understanding of the mechanisms of life, to preventing, curing, and recovering from disease, and to promoting and supporting healthy human development.
2. Successful applicants will meet the following criteria.
  - Successful applicants will, having a strong foundation of basic knowledge in medicine, nursing, and health sciences, be able to do creative research aimed at solving problems in health sciences and nursing for the purposes of advancing our understanding of the mechanisms of life; preventing, curing, and recovering from disease; and promoting and supporting healthy human development.
  - Successful applicants will be able to clear a path into the future of medicine, nursing, and health sciences through clear, logical analysis and original thinking, unfettered by conventional concepts.
  - Successful applicants will be able and motivated to become active international leaders in their chosen field, on the basis of advanced knowledge and research skills acquired in graduate school.
  - Successful applicants will have basic knowledge in medicine and health sciences and related fields, and the ability to communicate in English as needed in lectures and seminars.

Each program in the Graduate School of Medicine seeks applicants who have the background needed for that purpose to be fulfilled.

## 1. Application Qualifications

- (1) Persons who have obtained or are expected or complete a master's or professional degree at the Graduate School of Japanese University by 31 March 2026 (Note 1) (Note 5).
- (2) Persons who have been awarded or are expected to be awarded by 31 March 2026 (Note 5) a master's degree from the National Institution for Academic Degrees and Quality Enhancement of Higher Education (NIAD).
- (3) Persons who have been awarded or are expected to be awarded by 31 March 2026 (Note 5) an academic degree in a foreign country which is equivalent to a master's or professional degree (Note 2).
- (4) Persons who have been awarded or are expected to award an academic degree equivalent to a master's or professional degree after completing a foreign country's postgraduate course at an educational institution in Japan which is designated in the said foreign country's education system and

specifically designated in Japan by the Minister of Education, Culture, Sports, Science and Technology, by 31 March 2026 (Note 4).

- (5) Persons who have completed a program and received or are expected to receive a degree equivalent to a master's degree by March 31, 2026 (Note 5), from the United Nations University.
- (6) Persons who have completed a course of study at a school overseas, an educational institution designated above in Part (4) of the requirements for eligibility or the United Nations University, and have passed or will have by March 31, 2026 (Note 5) examinations and screenings equivalent to those specified in Article 16-2 of the Standards for Establishment of Graduate Schools (1974 Ministry of Education, Science and Culture Ordinance No. 28), shall be recognized by this graduate school as having abilities at least equivalent to those who have a Master's degree. (Note 3)
- (7) Persons who have graduated from a Japanese university or have completed at least 16 years of academic education overseas, and have undertaken or are expected to have undertaken by 31 March 2026 (Note 5) two or more years of research at a university or research institute in Japan or overseas, and who are deemed by the Graduate School of Medicine based on the results of the said research to have academic ability equivalent or superior to that of a person with a master's or professional degree. (Note 1) (Note 2) (Note 3)
- (8) Persons who have been deemed by the Graduate School of Medicine on the basis of an individual eligibility review as having academic ability equivalent or superior to that of a person with a master's or professional degree, and who are aged 24 years or older on 31 March 2026 (Note 4).

Note 1: Japanese universities mentioned in Eligibilities (1) and (7) above are universities within the boundaries of Japan and as prescribed in Article 83 of the School Education Law.

Note 2: Eligibilities (3) and (7) above includes the case of having completed a correspondence program provided by a foreign school of said country while residing in Japan.

Note 3: Persons who intend to apply for admission under eligibility criteria (6) or (7) above must first undergo an eligibility review, and must therefore contact the Graduate School of Medicine's Admission Office (refer to 6(4) below) and submit designated documents required for the review by Monday, 10 November, 2025.

Eligibility review result will be notified by Email around Friday, 21 November, 2025.

Note 4: ① Eligibility criterion (8) above is intended for those who do not fall under eligibility criteria (1) - (7) but who have been deemed by the Graduate School of Medicine on the basis of an individual eligibility review to have academic ability equivalent or superior to that of a person who has obtained a master's or professional degree.

② Persons who intend to apply for admission under eligibility criterion (8) above must first undergo an individual eligibility review, and must therefore contact the Graduate School of Medicine's Administration Office (see 6(4) below) and submit the following documents required for the review by Monday, 10 November, 2025.

Eligibility review result will be notified by Email around Friday, 21 November, 2025.

③ Persons who are deemed by the Graduate School of Medicine on the basis of an eligibility review to have academic ability equivalent or superior to that of a person who has completed a master's or professional degree program shall be permitted to take the entrance exam upon application.

Note 5: Those who wish for October 2026 entry, consider "30 September, 2026" instead of "March 31, 2026."

## 2. Admission criteria

- (1) Admission shall be determined based on the results of a primary exam and a secondary exam.
- (2) The primary exam is conducted by foreign-language assessment based on the submission of a TOEFL and document screening.
- (3) The secondary exam is only taken by applicants who pass the primary exam, and shall be determined based on a comprehensive judgment of a review of the applicant's master's degree thesis or a suitable alternative, the academic performance of the school they came from, the results of other documents screening and oral exam and so on.
- (4) Applicants who have obtained or expect to complete a master's or professional degree at the Graduate School of Medicine, The University of Tokyo between 1 April 2023 and 31 March 2026 (NOTE) are

exempted from Foreign-Language assessment of the primary exam.

Note: Those who wish for October 2026 entry, consider “1 October 2023 and 30 September 2026” instead of “1 April 2023 and 31 March 2026.”

### 3. Exam subjects and quotas

Major	Research Fields		Primary Exam		Secondary Exam	Quota
			Foreign Language Assessment	Document Screening		
Health Sciences and Nursing	Health Sciences Course (Public Health program)	Epidemiology and Preventive Health Sciences	English (assessment based on TOEFL Institutional Score Report)	No written exam will be held. Exam will be replaced by document screening.  See the Entrance Examination Guideline for details.	An oral exam will be given to those who pass the primary exam	10
		Health and Social Behavior				
		Biostatistics				
		Biomedical Ethics				
		Social and Preventive Epidemiology				
		Health Informatics				
		Health Communication				
		Public Mental Health Policy				
		Health Sociology and Health Education				
		Mental Health				
		Nutritional Epidemiology and Behavioural Nutrition			See the Entrance Examination Guideline for details.	15
	Nursing Course	Advanced Clinical Nursing				
		Nursing Administration				
		Gerontological, Home Care, and Long-term Care Nursing (GHLN)				
		Palliative Care Nursing				
		Family Nursing				
		Community Health Nursing / Public Health Nursing				
		Psychiatric Nursing				
		Gerontological Nursing				
		Midwifery and Women's Health				
		Public Health Nursing				
		Wound Care Management				
		Nursing Data Science				
		Next Generation Wound Care Development				
		Radiation Health Sciences				

#### Notes:

- (1) Depending on the exam results, the number of admitted students may be less than the quota.
- (2) Applicants seeking admission to each major should refer to the description of notice of 'Foreign Language Requirement for Doctoral Program in Health Sciences and Nursing' in 'Entrance Examination Guideline' for details on how to submit the TOEFL Official Score Report.
- (3) Combined quota for students enrolled in April 2026 and October 2026. Quota for October 2026 entry is limited to only applicants with specific reasons. Applicants who wish for October 2026 entry are requested to contact the Graduate School of Medicine's Admission Office (refer to 6(4) below) by Friday, 7 November, 2025 and follow the guidance.

#### 4. Exam dates & venues

Major	Primary Exam	Announcement of Primary Exam	Secondary Exam
Health Sciences and Nursing	Foreign Language Assessment, Document Screening	12:00 p.m. Fri, 16 Jan, 2026	Mon, 26 Jan, 2026 *Back up day : Tue, 27 Jan, 2026 • Held online

Notes:

- (1) Details of the exam schedules and venues will be given in the 'Notes on the Examination' which will be sent by Email around the middle of January, 2026.
- (2) Secondary exam may be held Tuesday, 27 January 2026. For details, see the 'Examinee Guideline'.
- (3) A list of successful primary applicants will be posted on the website (<http://www.m.u-tokyo.ac.jp/index.html>).

#### 5. Announcement of successful applicants & admission procedures

- (1) Announcement of successful applicants

A list of successful applicants will be posted on the website (<http://www.m.u-tokyo.ac.jp/index.html>) on 12:00 p.m. Fri, 6 Feb 2026.

- (2) An Admission Certificate will be posted to each successful applicant in early February 2026.
- (3) Admission Certificate recipients are required to complete the necessary admission procedures (i.e., payment of admission fees and submission of admission forms) in accordance with the Admission Procedure Guide which will be sent to the Email address indicated in the application form as follows.
  - applicants for April 2026 entry: within designated period on early-March, 2026
  - applicants for October 2026 entry: within designated period on late September, 2026Failure to complete the admission procedures shall be regarded as refusal of admission.

- (4) Estimated costs of admission in 2026

(International students with a Japanese Government [Monbukagakusho] Scholarship are exempt from these fees)

- ① Admission fee: ¥282,000 (estimated)
- ② Tuition fee: ¥260,400 (annual tuition fee of ¥520,800; estimated)

Note: The amounts indicated above are tentative. If amounts are amended at the time of admission or while the individual is registered as a student, the new amounts shall apply from the time of the amendment in question.

#### 6. Application procedure

- (1) Applicants must contact faculty member before applying.

Applications must be sent by postal mail.

Place all of the necessary application documents in a single envelope designated by the Graduate School of Medicine, and send by registered mail.

If the application documents cannot fit inside the designated envelope, place the documents together with the envelope in a suitably sized package and send by registered mail.

Graduate School of Medicine's Admission Office does not respond to inquiries on about individual delivery status. Each delivery status must be confirmed by tracking number on applicants' side.

(2) Submission period

Applications must arrive between Thursday, 18 December and Monday, 22 December 2025. The envelope must be postmarked no later than Monday 22 December 2025, and must arrive no later than Wednesday 24 December 2025.

(3) In case you live abroad and having a difficulty in submitting the application documents by post, you may submit them online.

Submission period would be Thursday, 18 December and Monday, 22 December 2026 JPT 23:59.

However, when the postal mail becomes available, please submit the original application documents via postal mail immediately. Also, if you submit documents by both postal mail and online, we will presume the documents sent by postal mail as the final version.

Format on submission of application documents via online

- All documents in section “a” to “l, excepting b. Self-addressed envelopes, must be submitted in the PDF format or as image files and upload to the following address.

Applicants for Health Sciences and Nursing: <https://x.gd/JfEho>

- The name of the each file have to be [SHNS] “the application document’s name “ / “applicant’s name”

e.g.: [SHNS]Application Form/Hanako Igaku.pdf

. NOTE The documents described in section “h” ARE NOT ACCEPTABLE in PDF format and must be in MS WORD or another text-based file format. Please carefully check the attachments provided for advice.

(4) Address

Graduate Student Affairs Sections, Graduate School of Medicine, the University of Tokyo

7-3-1 Hongo, Bunkyo-ku, Tokyo, Japan 113-0033

[in.m@gs.mail.u-tokyo.ac.jp](mailto:in.m@gs.mail.u-tokyo.ac.jp)

(5) Application documents (asterisk [\*] indicates that a specified form must be used)

Document	Who should	Description
a.* Application Form	All applicants	Attach three identical passport photos taken within the last three months of the application date to the space provided on the: 1) Application Form; 2) Photo ID Card; and 3) Exam Card.
b.* Self-addressed envelopes	All applicants	Submit two self-addressed envelopes and affix ¥110 worth of postage stamps to the envelope marked 'Exam Card Enclosed' ( <i>jukenhyo zaichu</i> ; 受験票在中). If your sending address is outside Japan, please enclose sufficient IRC(International Reply Coupons, 1 piece of IRC=130 yen). The cost depends on the area where you receive.
c.* Exam fee (¥30,000)	All applicants except the following: ① Persons expected to complete a master's or	The exam fee must be paid at a bank branch or convenience store, or by credit card. The applicant is responsible for any fees or charges associated with the payment.  <i>Bank transfer:</i> Fill out the designated Transfer Request Form and submit it together with the exam fee at your nearest bank branch. The

	<p>professional degree course at the University of Tokyo in March 2026.</p> <p>② International students on a Monbukagakusho Scholarship</p> <p>※Students currently enrolled at a different university must submit their official scholarship certificate</p>	<p>payment cannot be made at a Japan Post Bank (<i>Yucho Ginko</i>), post office, ATM, or via the internet. The bank will give you the Transfer Receipt (<i>'Furikomikin Uketerisho'</i>; Form B) which you should retain for your own records, and the Certificate of Transfer Receipt (<i>'Furikomikin Uketsuke Shomeisho'</i>; Form C) which you should submit.</p> <p><i>Convenience store &amp; credit card payments:</i> Refer to the attachment '<i>How to Pay the Graduate School of Medicine Exam Fee at a Convenience Store or by Credit Card</i>' for details on how to make the payment.</p>
d. Academic transcripts	All applicants	<p>Must certify master's course and bachelor's results (including liberal arts courses); original certificates only.</p> <p>In the case of students graduating from universities outside Japan, please submit transcripts in English. If documents cannot be submitted in English, you must submit English translation of transcripts provided by official agencies. Photocopies are not acceptable.</p> <p>If the applicant has changed the applicant's university or participated in exchange programs and if the applicant's home university does not report grades earned, name of courses and dates of attendance, he/she must include official transcripts from all the former universities or colleges.</p>
e. (Anticipated) Certificate of graduation	All applicants [NOT required for those expect to complete a master's degree or a professional degree in Graduate School of Medicine of the University of Tokyo in March 2026]	<p>In the case of students graduating from universities outside Japan, please submit certificate in English. If documents cannot be submitted in English, you must submit English translation of transcripts provided by official agencies. Photocopies are not acceptable. The degree acquired must be indicated. If the name and the date of the degree awarded are contained in the Official Transcript, applicants do not have to submit the Official Proof of Graduation.</p> <p>Submit a certificate of the degree conferred, created by the National Institution for Academic Degrees and University Evaluation if you have been awarded a degree from the National Institution for Academic Degrees and University Evaluation.</p>
f. Research Plan	All applicants	<p>Summarize your intended research plan in two A4 one side pages, and write 'Research Plan' along with your name and page number at the top left of each page.</p> <p>Online submission are required.</p> <p>See the Entrance Examination Guideline for details.</p>
g. Master's thesis	All applicants [NOT required for those expected to complete the Health Sciences and Nursing major at the	<p>Submit a summary of your master's thesis or suitable alternative outlining your research in eight to ten or less A4-sized one side pages as per the attached 'Master's Thesis Guidelines and Oral Exam Details for Applicants to the Doctoral Program'.</p> <p>You may attach any additional relevant research papers to the application besides above documents .</p> <p>Attach a Japanese or English translation for documents in other languages.</p>

	Graduate School of Medicine in March 2026]	Online submission are required. See the Entrance Examination Guideline for details.
h.* Essay	All applicants [NOT required for those expect to complete a master's degree or a professional degree in Graduate School of Medicine of the University of Tokyo in March 2026]	Use the provided format. Maximum length 700 words in English or 1,600 letters in Japanese. About one A4 page. Online submission are required See the Entrance Examination Guideline for details.
i. * Declaration of authenticity	All applicants [NOT required for those expect to complete a master's degree or a professional degree in Graduate School of Medicine of the University of Tokyo in March 2026]	Please sign and submit the provided format. See the Entrance Examination Guideline for details.
j. TOEFL Official Score Report	All applicants [NOT required for those who are exempted from the foreign language exam (see 2(4)). ]	Refer to the attachment entitled 'Foreign Language Requirement for Doctoral Program in Health Sciences and Nursing' for details on how to submit the TOEFL Official Score Report.
k.* Certificate of Japanese language ability	Non-Japanese applicants only [NOT required for those who have graduated or are expected to graduate from a Japanese university]	The certificate must be issued by a Japanese instructor or equivalent person who is able to objectively assess your Japanese language ability. Alternatively, a certificate issued by a Japanese language school is also acceptable.
l. Proof of change in name	if applicable	Those who have changed their name and will submit supporting documents that were issued under their former name are required to enclose an ORIGINAL document that proves change in name. (e.g. Certificate of Individual Records, Certificate of Acceptance of Marriage Report). Photocopy cannot be acceptable. A photocopy of a certificate of successful completion of the Japanese Language Proficiency Test or similar is acceptable.

## 7. Other important points

- (1) We will send you the examination card by post and notes on the examination by Email around late December, 2026. If you have not received them by four days prior to the exam, contact the Administration Office (see 6(4) above) for instructions.
- (2) Following the submission of application documents, changes to the documents or the refund of exam fees will not be allowed under any circumstances. Once application documents are received, they are not returnable.
- (3) Those who wish to maintain their employment at a government office, school, hospital, or private company during enrollment are required to submit a consent form (format optional) from their employer when completing the admission procedures(see 5(3)) above, to the effect that they will enter our school maintaining the employment.
- (4) International students are required to obtain the appropriate visa according to the Immigration Control and Refugee Recognition Act (Cabinet Order No. 319 of 1951) prior to undertaking the admission procedures.
- (5) Admission fees shall not be refunded under any circumstances following the completion of admission procedures.
- (6) The University of Tokyo provides reasonable accommodations to ensure that individuals with disabilities are not disadvantaged during entrance examinations and studies after enrollment, and provides consultations for this purpose. Those who wish to request accommodations for entrance examinations should contact the administrative office indicated in section 6.(4) by 10 November, 2025. Although requests made after the above deadline will still be considered, it is recommended that applicants send their requests well in advance as it may not be possible to provide certain accommodations without sufficient preparation time. (Please refer to the following website for more details: <https://www.m.u-tokyo.ac.jp/daigakuin/apply/appguidemain.html> )
- (7) Names, addresses, or other personal information obtained from applications will only be used for: ① screening of applicants (application processing & screening); ② the announcement of successful applicants; and ③ tasks related to admission procedures. This personal information will also be used for: ① academic affairs (enrollment records, learning etc.); ② student support (health management, employment assistance, applications for scholarships and exemption from tuition fees, use of libraries, etc.); and ③ collection of tuition fees.
- (8) If any false statement or forgery in the application documents, or if there is clear evidence that there was any fraudulent activity during the examination, that student's admittance may be canceled even after enrolling in or going on to a graduate school.
- (9) The examination results used in the selection of entrants may be used in future studies for the improvement of both the entrance examination and the education at the University of Tokyo.
- (10) The University of Tokyo has established the "The University of Tokyo Security Export Control Regulations" in accordance with Japan's "Foreign Exchange and Foreign Trade Act", and rigorously implements security export control for potential students before and after their enrollment on the basis of these regulations. In particular, pre-enrollment screenings are mandatory for all international students and also for Japanese students in certain circumstances. Please be aware that applicants who fall under any of the conditions set out in the Act may not receive permission to enroll at the university or may have their research activities restricted after their enrollment even if they have passed the entrance examinations.