

2026 Application Guide: Doctoral Program School of International Health Graduate School of Medicine, the University of Tokyo

This application guide may change. The University of Tokyo website (<https://www.m.u-tokyo.ac.jp/english/daigakuin/apply/appguidemain.html>) will continuously announce if there is any change, so please check the newest information constantly.

Purpose of Education for Research

The purpose of research training in the Graduate School of Medicine is to promote advanced research that will contribute to breakthroughs in the understanding of the mechanisms of life, to improve health, to contribute to the struggle against disease, and to foster international leaders in all fields of medicine who are outstanding scholars and highly creative researchers.

Admission Policy

1. Consistent with the aims described above, for its PhD programs in the Graduate School of Medicine, the University of Tokyo seeks students who have the potential to become international leaders in all fields of medicine through outstanding scholarship and advanced and highly creative research. We seek those who will, as described above, contribute to the understanding of the mechanisms of life, to preventing, curing, and recovering from disease, and to promoting and supporting healthy human development.
2. Successful applicants will meet the following criteria.
 - Successful applicants will, having a strong foundation of basic knowledge in medicine, nursing, and health sciences, be able to do creative research aimed at solving problems in health sciences and nursing for the purposes of advancing our understanding of the mechanisms of life; preventing, curing, and recovering from disease; and promoting and supporting healthy human development.
 - Successful applicants will be able to clear a path into the future of medicine, nursing, and health sciences through clear, logical analysis and original thinking, unfettered by conventional concepts.
 - Successful applicants will be able and motivated to become active international leaders in their chosen field, on the basis of advanced knowledge and research skills acquired in graduate school.
 - Successful applicants will have basic knowledge in medicine and health sciences and related fields, and the ability to communicate in English as needed in lectures and seminars.

Each program in the Graduate School of Medicine seeks applicants who have the background needed for that purpose to be fulfilled.

The aim of the Doctoral program in the School of International Health / Global Health Sciences is to train international leaders who will pursue advanced research contributing to the understanding of the mechanisms of life, the prevention and cure of disease, and the promotion of health through outstanding scholarship and advanced creative research in all areas of medical science.

1. Application Qualifications

- (1) Persons who have obtained or are expected or complete a master's or professional degree at the Graduate School of Japanese University by 31 March 2026 (Note 1) (Note 5).
- (2) Persons who have been awarded or are expected to be awarded by 31 March 2026 (Note 5) a master's degree from the National Institution for Academic Degrees and Quality Enhancement of Higher Education (NIAD) in Japan.
- (3) Persons who have been awarded or are expected to be awarded by 31 March 2026 (Note 5) an academic degree in a foreign country which is equivalent to a master's or professional degree (Note 2).

- (4) Persons who have been awarded or are expected to award an academic degree equivalent to a master's or professional degree after completing a foreign country's postgraduate course at an educational institution in Japan which is designated in the said foreign country's education system and specifically designated in Japan by the Minister of Education, Culture, Sports, Science and Technology, by 31 March 2026 (Note 4).
- (5) Persons who have completed a program and received or are expected to receive a degree equivalent to a Master's degree by 31 March, 2026 (Note 5), from the United Nations University.
- (6) Persons who have completed a course of study at a school overseas, an educational institution designated above in Part (4) of the requirements for eligibility or the United Nations University, and have passed or will have by 31 March, 2026 (Note 5) examinations and screenings equivalent to those specified in Article 16-2 of the Standards for Establishment of Graduate Schools (1974 Ministry of Education, Science and Culture Ordinance No. 28), shall be recognized by this graduate school as having abilities at least equivalent to those who have a Master's degree. (Note 3)
- (7) Persons who have graduated from a Japanese university or have completed at least 16 years of academic education overseas, and have undertaken or are expected to have undertaken by 31 March 2026 (Note 5) two or more years of research at a university or research institute in Japan or overseas, and who are deemed by the Graduate School of Medicine based on the results of the said research to have academic ability equivalent or superior to that of a person with a master's or professional degree. (Note 1) (Note 2) (Note 3)
- (8) Persons who have been deemed by the Graduate School of Medicine on the basis of an individual eligibility review as having academic ability equivalent or superior to that of a person with a master's or professional degree, and who are aged 24 years or older on 31 March 2026 (Note 4).

Note 1: Japanese universities mentioned in Eligibilities (1) and (7) above are universities within the boundaries of Japan and as prescribed in Article 83 of the School Education Law.

Note 2: Eligibilities (3) and (7) above includes the case of having completed a correspondence program provided by a foreign school of said country while residing in Japan.

Note 3: Persons who intend to apply for admission under eligibility criteria (6) or (7) above must first undergo an eligibility review, and must therefore apply to the Graduate School of Medicine's Admission Office (refer to 6(4) below) and submit designated documents required for the review by the below-mentioned dates.

October 2025 entry	Monday, 19 May, 2025
April 2026 entry	Monday, 10 November, 2025

Eligibility review result (October 2025 entry) will be notified by Email around Friday, 30 May, 2025, while the result (April 2026 entry) will be notified by Email around Friday, 21 November, 2025.

Note 4: ① Eligibility criterion (8) above is intended for those who do not fall under eligibility criteria (1) - (7) but who have been deemed by the Graduate School of Medicine on the basis of an individual eligibility review to have academic ability equivalent or superior to that of a person who has obtained a master's or professional degree.

② Persons who intend to apply for admission under eligibility criterion (8) above must first undergo an individual eligibility review, and must therefore apply to the Graduate School of Medicine's Administration Office (see 6(4) below) and submit the following documents required for the review by the below-mentioned dates.

October 2025 entry	Monday, 19 May, 2025
April 2026 entry	Monday, 10 November, 2025

Eligibility review result (October 2025 entry) will be notified by Email around Friday, 30 May, 2025, while the result (April 2026 entry) will be notified by Email around Friday, 21 November, 2025.

③ Persons who are deemed by the Graduate School of Medicine on the basis of an eligibility review to have academic ability equivalent or superior to that of a person who has completed a master's or professional degree program shall be permitted to take the entrance exam upon application.

Note 5: Those who wish for October 2025 entry, consider "September 30, 2025" instead of "March 31, 2026."

2. Admission criteria

- (1) Admission shall be determined based on the results of a primary exam and a secondary exam.
- (2) The primary exam is conducted by foreign-language assessment (based on the submission of a TOEFL Official Score Report or an IELTS Test Report Form) (Note 1).
- (3) The secondary exam is only taken by applicants who pass the primary exam, and involves a review of the applicant's master's degree thesis or a suitable alternative, an assessment of the academic transcript, and an oral exam.
- (4) Applicants who have obtained or expected to complete a master's or professional degree at the Graduate School of Medicine, The University of Tokyo between 1 April, 2023 and 31 March 2026 are exempted from the primary exam (Note 2).

Note 1: As for School of International Health, applicants who graduated (or are expected to graduate before entrance) from universities located in countries where English is used as official language can be exempted from submission of TOEFL Official Score Report or IELTS Test Report Form. Those who wish to be exempted from submitting scores should contact administrative staff (email: in.m@gs.mail.u-tokyo.ac.jp) and submit the required documents for individual eligibility review by following date.

【Enrollment for October, 2025】 Monday, May 19, 2025

【Enrollment for April, 2026】 Monday, November 10, 2025

For details, see the ' Foreign Language Requirement for Doctoral Program in International Health' in attached documents..

Note2: Those who wish for October 2025 entry, consider “1 October, 2022 and 30 September, 2025” instead of “1 April, 2023 and 31 March 2026.”

3. Exam subjects and quotas

Major	Research Fields	Primary Exam	Secondary Exam	Quota
International Health	Global Health Policy	Foreign language assessment English (assessment based on TOEFL Official Score Report or IELTS Test Report Form)	Oral Exam *held online	9*
	Community and Global Health			
	Human Genetics			
	Developmental Medical Sciences			
	Human Ecology			
	Biomedical Chemistry			
	Global Environmental Health			
	International Cooperation for Medical Education			

Notes:

- (1) Depending on the exam results, the number of admitted students may be less than the quota.
- (2) Applicants seeking admission to each major should refer to the description of 'Foreign Language Requirement for Doctoral Program in International Health' in attached documents for details on how to submit the TOEFL/IELTS Official Score Report.
- (3) *Combined quota for students enrolled in October 2025 and April2026.

4. Exam dates & venues

Category	Primary Exam	Announcement of Primary Exam Results	Secondary Exam
October 2025 entry	Foreign language assessment based on TOEFL Official Score Report or IELTS Test Report Form submitted (by postal mail) upon application	Mid July, 2025 A notification will be Emailed	Wed, 23 July, 2025
April 2026 entry		Late January, 2026 A notification will be Emailed	Mon, 26 Jan, 2026

Notes:

- (1) Applicants will be notified of the foreign language assessment results by Email in mid July, 2025 (October 2025 entry) or in late January, 2026 (April 2026 entry). Successful primary test applicants will also receive an Exam Card and a Notes on the Entrance Examination.
- (2) Applicants seeking admission to the each major should refer to the attachment entitled 'Foreign Language Requirement for Doctoral Program in International Health' for details on how to submit the TOEFL/IELTS Official Score Report.

5. Announcement of successful applicants & admission procedures

- (1) Announcement of successful applicants

A list of successful applicants will be posted on the website (<http://www.m.u-tokyo.ac.jp/index.html>) on the below-mentioned dates.

October 2025 entry	12:00 p.m. Friday, 5 September, 2025
April 2026 entry	12:00 p.m. Friday, 6 February, 2026

- (2) An Admission Certificate will be posted to each successful applicant around early September, 2025 (October 2025 entry), while around late February, 2026 (April 2026 entry).
- (3) Admission Certificate recipients are required to complete the necessary admission procedures (i.e., payment of admission fees and submission of admission forms) in accordance with the Admission Procedure Guide that will be sent to the Email address indicated in the application form as follows.

October 2025 entry	between within designated period on late September, 2025
April 2026 entry	between within designated period on early March 2026

Failure to complete the admission procedures shall be regarded as refusal of admission.

- (4) Estimated costs of admission in 2026

(International students with a Japanese Government [Monbukagakusho] Scholarship are exempted from these fees.)

① Admission fee: ¥282,000 (estimated)

② Tuition fee: ¥260,400 (annual tuition fee of ¥520,800; estimated)

(Note) The amounts indicated above are tentative. If amounts are amended at the time of admission or while the individual is registered as a student, the new amounts shall apply from the time of the amendment in question.

6. Application procedure

- (1) Applicants must contact faculty member before applying.

Applications must be sent by postal mail.

Place all of the necessary application documents in a single envelope designated by the Graduate School of Medicine and send by registered mail.

If the application documents cannot fit inside the designated envelope, place the documents together with the envelope in a suitably-sized package and send by registered mail.

Graduate School of Medicine's Admission Office does not respond to inquiries on about individual delivery status. Each delivery status must be confirmed by tracking number on applicants' side.

(2) Submission period

application for October 2025 entry	between Friday, 6 June and Wednesday, 18 June, 2025 <i>The envelope must be postmarked no later than Wednesday 18 June 2025, and must arrive no later than Friday, 20 June, 2025.</i>
application for April 2026 entry	between Monday, 5 January and Wednesday, 7 January, 2026 <i>The envelope must be postmarked no later than Wednesday, 7 January, 2026, and must arrive no later than Friday, 9 January, 2026.</i>

(3) In case you live abroad and having a difficulty in submitting the application documents by post, you may submit them online.

Submission period would be from Friday, 6 June to Wednesday, 18 June, 2025 JPT 23:59 for application for October 2025 entry. Submission period would be from Monday, 5 January to Wednesday, 7 January, 2026 JPT 23:59 for application for April 2026 entry.

However, when the postal mail becomes available, please submit the original application documents via postal mail immediately. Also, if you submit documents by both postal mail and online, we will presume the documents sent by postal mail as the final version.

Format on submission of application documents via online

- All documents in section “a” to “j”, excepting b. Self-addressed envelopes, must be submitted in the PDF format or as image files and upload to the following address.

Applicants for International Health : <https://x.gd/s2w6D>

- The name of the each file have to be [International Health]“the application document’s name” / “applicant’s name”

e.g.: [International Health]Application Form/Hanako Igaku.pdf

(4) Address

Graduate Student Affairs Sections, Graduate School of Medicine, the University of Tokyo
7-3-1 Hongo, Bunkyo-ku, Tokyo, Japan 113-0033
in.m@gs.mail.u-tokyo.ac.jp

(5) Application documents (asterisk [*] indicates that a specified form must be used)

Document	Who should	Description
a.* Application Form	All applicants	Attach three identical passport photos taken within the last three months of the application date to the space provided on the: 1) Application Form; 2) Photo ID Card; and 3) Exam Card.
b.* Self-addressed envelopes	All applicants	Submit two self-addressed envelopes and affix ¥110 worth of postage stamps to the envelope marked 'Exam Card Enclosed' (<i>jukenhyo zaichu</i> ; 受験票在中). If your sending address is outside Japan, please enclose sufficient IRC(International Reply Coupons, 1 piece of IRC=130 yen). The cost depends on the area where you receive.
c.* Exam fee (¥30,000)	All applicants except the following: ① Persons expected to complete a master's or professional degree course at the University of Tokyo in March 2026. ② International students on a Monbukagakusho Scholarship ※Students currently enrolled at a different university must submit their official scholarship certificate	The exam fee must be paid at a bank branch or convenience store, or by credit card. The applicant is responsible for any fees or charges associated with the payment. <i>Bank transfer:</i> Fill out the designated Transfer Request Form and submit it together with the exam fee at your nearest bank branch. The payment cannot be made at a Japan Post Bank (<i>Yucho Ginko</i>), post office, ATM, or via the internet. The bank will give you the Transfer Receipt (' <i>Furikomikin Uketorisho</i> '; Form B) which you should retain for your own records, and the Certificate of Transfer Receipt (' <i>Furikomikin Uketsuke Shomeisho</i> '; Form C) which you should submit. <i>Convenience store & credit card payments:</i> Refer to the attachment ' <i>How to Pay the Graduate School of Medicine Exam Fee at a Convenience Store or by Credit Card</i> ' for details on how to make the payment.
d. Academic transcripts	All applicants	Must certify master's course and bachelor's results (including liberal arts courses); original certificates only. In the case of students graduating from universities outside Japan, please submit transcripts in English. If documents cannot be submitted in English, you must submit English translation of transcripts provided by official agencies. Photocopies are not acceptable. If the applicant has changed the applicant's university or participated in exchange programs and if the applicant's home university does not report grades earned, name of courses and dates of attendance, he/she must include official transcripts from all the former universities or colleges.
e. (Anticipated) Certificate of graduation	All applicants [NOT required for those expect to complete a master's degree or a professional degree in Graduate School	In the case of students graduating from universities outside Japan, please submit certificate in English. If documents cannot be submitted in English, you must submit English translation of transcripts provided by official agencies. Photocopies are not acceptable. The degree acquired must be indicated. If the name and the date of the degree awarded are contained in the Official Transcript, applicants do not have to submit the Official Proof of

	of Medicine of the University of Tokyo in March 2026]	Graduation. Submit a certificate of the degree conferred, created by the National Institution for Academic Degrees or the National Institution for Academic Degrees and University Evaluation.
f. Motivation Letter	All applicants	Summarize your motivation for applying to the Doctor's Program in the Department of International Health in A4 sized paper by 400-500 words. Write "Motivation Letter", your name and page number on the top left.
g. Research Plan	All applicants	Summarize your intended research plan in two-page A4, and write 'Research Plan' along with your name and page number at the top left of each page.
h. Master's thesis & abstract Attach a Japanese or English translation for documents in languages other than English.	All applicants [NOT required for those expected to complete the International Health major at the Graduate School of Medicine in March 2026]	① Submit your master's thesis or an appropriate alternative (journal offprint is also acceptable, which can be replaced by submitted draft of the paper You must add a proof or acceptance of the paper by a journal if it is before publication). ② Submit an abstract of ① on a single A4 page. ③ You may attach any additional relevant research papers to the application documents besides ① and ②.
i. TOEFL Official Score Report or IELTS Test Report Form (International Health)	All applicants [NOT required for those who are exempt from the primary exam (see 2(4)).]	For details, refer to the attachment entitled 'Foreign Language Requirement for Doctoral Program in International Health' for details on how to submit the TOEFL Official Score Report or IELTS Test Report Form.
j. Proof of change in name	if applicable	Those who have changed their name and will submit supporting documents that were issued under their former name are required to enclose an ORIGINAL document that proves change in name. (e.g. Certificate of Individual Records, Certificate of Acceptance of Marriage Report). Photocopy cannot be acceptable.

7. Other important points

- (1) We will send you the examination card by post and Notes on the Examination by Email around the middle of July, 2025(October 2025 entry), while around the middle of January, 2026(April 2026 entry). If you have not received them by four days prior to the exam, contact the Administration Office (see 6(4) above) for instructions.
- (2) Following the submission of application documents, changes to the documents or the refund of exam fees will not be allowed under any circumstances. Once application documents are received, they are not returnable.
- (3) Those who wish to maintain their employment at a government office, school, hospital, or private company during enrollment are required to submit a consent form (format optional) from their employer when completing the admission procedures(see 5(3)) above, to the effect that they will enter our school maintaining the employment.
- (4) International students are required to obtain the appropriate visa according to the Immigration Control and Refugee Recognition Act (Cabinet Order No. 319 of 1951) prior to undertaking the admission procedures.
- (5) Admission fees shall not be refunded under any circumstances following the completion of admission procedures.
- (6) The University of Tokyo provides reasonable accommodations to ensure that individuals with disabilities are not disadvantaged during entrance examinations and studies after enrollment, and provides consultations for this purpose. Those who wish to request accommodations for entrance examinations should contact the administrative office indicated in section 6.(4) by 10 November, 2025(April 2026 entry) /19 May, 2025(October 2025 entry). Although requests made after the above deadline will still be considered, it is recommended that applicants send their requests well in advance as it may not be possible to provide certain accommodations without sufficient preparation time. (Please refer to the following website for more details: <https://www.m.u-tokyo.ac.jp/daigakuin/apply/appguidemain.html>)
- (7) Names, addresses, or other personal information obtained from applications will only be used for: ① screening of applicants (application processing & screening); ② the announcement of successful applicants; and ③ tasks related to admission procedures. This personal information will also be used for: ① academic affairs (enrollment records, learning etc.); ② student support (health management, employment assistance, applications for scholarships and exemption from tuition fees, use of libraries, etc.); and ③ collection of tuition fees.
- (8) If any false statement or forgery in the application documents, or if there is clear evidence that there was any fraudulent activity during the examination, that student's admittance may be canceled even after enrolling in or going on to a graduate school.
- (9) The examination results used in the selection of entrants may be used in future studies for the improvement of both the entrance examination and the education at the University of Tokyo.
- (10) The University of Tokyo has established the "The University of Tokyo Security Export Control Regulations" in accordance with Japan's "Foreign Exchange and Foreign Trade Act", and rigorously implements security export control for potential students before and after their enrollment on the basis of these regulations. In particular, pre-enrollment screenings are mandatory for all international students and also for Japanese students in certain circumstances. Please be aware that applicants who fall under any of the conditions set out in the Act may not receive permission to enroll at the university or may have their research activities restricted after their enrollment even if they have passed the entrance examinations.